AVA TRAVELS™ Kids



Ava and Dad Find a Quiet Spot

A gentle story about traveling with Dad, asking for a break, and feeling supported.



A trip with Dad

Ava and Dad were taking a trip together. Dad carried their bag. Ava held Wings. At the airport gate, they looked at the picture plan. “We are at the waiting step,” Dad said. Ava pointed to the gate picture.



So many sounds

People talked nearby. A suitcase rolled past. Then an announcement played. Ava held Wings tighter. “It is too loud,” she told Dad. Dad bent down so they could talk. “I hear you,” he said.



Dad listens

Ava covered her ears. She did not want to walk yet. Dad stayed beside her. “What would help right now?” he asked. Ava thought for a moment. “My headphones. And a break,” she said.



We can make a plan

“We can do that,” Dad said. He helped Ava get her headphones from the bag. Then he checked with the gate worker. He asked where they could sit away from the crowd and how to keep track of boarding.

I can stop. I can ask. I can take my time.



A quieter place

Dad found seats a little farther from the busy line. They stayed together. Dad kept track of their flight updates. Ava put on her headphones and sat with Wings. This spot was quieter. She could still hear some airport sounds.



A little time

“Would you like water or your book?” Dad asked. “Water,” Ava said. Dad handed her the bottle. They sat for a little while. Ava did not have to talk. Dad stayed close while she rested.



Ready for the next step

Dad checked the flight update. “Our turn is coming soon,” he said. “Let’s look at our plan.” Ava pointed to the airplane picture. “Can you hold my hand?” she asked. “Yes,” Dad said. They put their things back in the bag.



Dad and Ava, together

Ava and Dad walked back toward the gate. Wings came too. “You listened when I needed a break,” Ava said. Dad smiled. “You can tell me what you need.” Ava held his hand. They were ready for the next step together.

I can stop. I can ask. I can take my time.