Ways I Can Say It

Point, gesture, speak, draw, or use your own device.

These are practice picture cards. A child can choose how to share a message.



Hello



Yes



No



I need help



I need a quiet break



I want water

For grown-ups: These sample cards do not replace a child’s familiar AAC system. Keep their device available. Do not require pointing or speaking.

A friend who listens

Circle or point to kind choices.

- ◯ Wait while my friend makes a message.
- ◯ Take my friend’s tablet without asking.
- ◯ Ask before I sit beside my friend.
- ◯ Listen when my friend says no.
- ◯ Make my friend look at my eyes.

Draw a way you like to share a message.

Grown-up guide: Kind choices are waiting, asking, and listening to “no.” A friend does not need to speak or make eye contact.

My message matters

Choose a way that works for you.

I can share a message with words, hands, pictures, a tablet, or another way.

My message today is...

A person who listens to me...

A grown-up can write your words here, if you choose. There is no one right way to communicate.