My first-flight picture plan

Mi plan con imágenes para el primer vuelo

Point to each step with your grown-up. Cut out cards if you like. Your trip may have extra steps or changes.



1. Wait at the gate / Esperar en la puerta



2. Board the plane / Subir al avión



3. Find my seat / Encontrar mi asiento



4. Buckle up / Abrocharme el cinturón

Our next step / Nuestro siguiente paso

Grown-ups: Follow airport and crew directions. Check the plan for your own flight. Seat belts stay fastened whenever instructed.

What helps me?

¿Qué me ayuda?

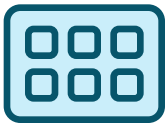
Circle or point to what you want to try. You can choose something else.



Ask for help / Pedir ayuda



My headphones / Mis auriculares



My picture plan / Mi plan con imágenes



A quiet pause / Una pausa tranquila

Draw your comfort toy or your own idea.

I can feel nervous and ask for support. / Puedo sentir nervios y pedir apoyo.

Little words for a big adventure

Palabras para una gran aventura



Hello / Hola



Help / Ayuda



Yes / Sí



No / No

Thank you / Gracias

Draw a friend you could say hello to.

Use the language and communication method that works for you. A grown-up can help read the words.